

CFfl Sir Gâr
Carmarthenshire YFC



Canlyniadau Rygbi 2023
Rugby Results 2023

Hŷn | Seniors – Rygbi 7-bob Ochr/Rugby 7s

Canlyniadau

Pool A

| | | | | |
|------------|----|---|----|------------|
| San Pedr | 26 | V | 17 | Llanllwni |
| Capel Iwan | 10 | V | 33 | San Pedr |
| Llanllwni | 17 | V | 29 | Capel Iwan |

Pool B

| | | | | |
|-----------------------|----|---|----|-----------------------|
| Llandoverly-Llangadog | 5 | V | 10 | San Cler |
| San Cler | 0 | V | 34 | San Ishmael |
| San Ishmael | 29 | V | 7 | Llangadog-Llandoverly |

'Knockout' Rounds

Playoff 5fed / 5th Place Playoff

| | | | | |
|-----------|----|---|----|-----------------------|
| Llanllwni | 26 | V | 10 | Llangadog-Llandoverly |
|-----------|----|---|----|-----------------------|

Playoff 3ydd / 3rd Place Playoff

| | | | | |
|------------|----|---|----|----------|
| Capel Iwan | 24 | V | 12 | San Cler |
|------------|----|---|----|----------|

Y Rownd Derfynol / Grand Final

| | | | | |
|----------|----|---|----|-------------|
| San Pedr | 19 | V | 14 | San Ishmael |
|----------|----|---|----|-------------|

Sefyllfaoedd Terfynol / Final Standings

- 1 San Pedr
- 2 San Ishmael
- 3 Capel Iwan
- 4 San Cler
- 5 Llanllwni
- 6 Llangadog

Iau | Juniors – Rygbi Cyffwrdd Cymysg/Mixed Touch Rugby

Canlyniadau

| | | | | |
|-------------------------|---|---|---|-------------------------|
| Llannon | 1 | V | 4 | Capel Iwan |
| Dyffryn Cothi-Llanllwni | 0 | V | 1 | San Ishmael-Cwmann |
| San Pedr | 6 | V | 3 | Llannon |
| Capel Iwan | 7 | V | 0 | Dyffryn Cothi-Llanllwni |
| San Ishmael-Cwmann | 1 | V | 0 | San Pedr |
| Llannon | 4 | V | 0 | Dyffryn Cothi-Llanllwni |
| Capel Iwan | 2 | V | 1 | San Pedr |
| San Ishmael-Cwmann | 5 | V | 4 | Llannon |
| San Pedr | 2 | V | 0 | Dyffryn Cothi-Llanllwni |
| Capel Iwan | 2 | V | 1 | San Ishmael-Cwmann |

Sefyllfaoedd Terfynol / Final Standings

| Tîm/Team | P | W | D | L | Pwyntiau/Points |
|-------------------------|---|---|---|---|-----------------|
| Capel Iwan | 4 | 4 | 0 | 0 | 12 |
| San Ishmael-Cwmann | 4 | 3 | 0 | 1 | 9 |
| San Pedr | 4 | 2 | 0 | 2 | 6 |
| Llannon | 4 | 1 | 0 | 3 | 3 |
| Dyffryn Cothi-Llanllwni | 4 | 0 | 0 | 4 | 0 |